

## Starters

French Onion Soup	8
Maine Lobster Bisque	10
Crispy Calamari	12
Nachos with Buffalo Chili or <i>gf</i> Vegetarian Chili	14
Artisanal Cheese Board	14
Lump Crab Cakes	16
Jumbo Shrimp Cocktail <i>gf</i>	16
Fire & Ice Tuna Tartare <i>gf</i>	18

## Salads *gf*

<b>Classic Caesar or House Salad</b>	8
add grilled chicken (6), shrimp (10), salmon (12), sliced steak (14)	
<b>Shaved Brussel Sprouts &amp; Kale</b> sunflowers seeds, maple vinaigrette	10
<b>Chicken Cobb</b>	15
romaine, avocado, egg, blue cheese, corn, bacon, tomato, red onion	
<b>Seafood Cobb</b>	20
lump crab, shrimp, romaine, avocado, egg, blue cheese, corn, bacon, tomato, red onion	
<b>Chicken Paillard</b>	16
<b>Salmon Paillard</b>	20
arugula, fennel, roasted tomato, frisée, pesto lemon thyme dressing	
<b>Seared Yellow Fin</b>	18
sesame crusted rare tuna, ginger wasabi, seaweed salad	
<b>Wasabi-Salmon Waldorf</b>	20
grilled salmon, boston lettuce, apple, celery, grapes, cashews, lemon honey wasabi dressing	

## Pasta *gf* alternative, add 2

<b>Choices: Penne, Spaghetti, Linguine, Orecchiette</b>	20
<b>Sauces:</b> Marinara, A la Vodka, Garlic Aioli, Clam Sauce (6)	
<b>Add on:</b> broccoli (2) meatballs (4) grilled chicken (6) shrimp (8) lobster (10)	

## Main Entrees includes choice of two sides

<b>Chicken Parmesan or Francese</b> substitute as <i>gf</i> , grilled chicken	24
<b>Organic Half Chicken</b> pan roasted with fresh herb and lemon	27
<b>Organic Salmon</b> <i>gf</i> sautéed, grilled, broiled, or blackened	29
<b>Filet of Sole Francese</b> lemon white wine sauce	29
<b>8 oz. NY Strip Steak</b>	26
<b>8 oz. Filet Mignon</b>	37

## Side Dishes

Small Side Salad, Broccoli Rabe, Brussel Sprouts, Roasted Baby Carrots  
Rice Pilaf, Mashed Potatoes, Fingerling Potatoes, French Fries

Market specials of the day, ask your server for poultry, fish or farm raised selections.

## Pizza

Mushroom & Goat Cheese hot honey drizzle	12			
Margherita tomato sauce, mozzarella, grape tomatoes, basil	14			
Create your own Pie classic pie 12, each topping 2, <i>gf</i> cauliflower crust add 4				
meatball	pepperoni	goat cheese	onions	basil pesto
sausage	applewood bacon	mushrooms	artichokes	broccoli rabe

## Sandwiches served with petite salad or french fries

<b>Fig &amp; Prosciutto</b> figs, goat cheese, arugula, served on a wrap	14
<b>Vegetable Wrap</b> grilled zucchini, peppers, eggplant, mozzarella, pesto mayonnaise <i>vegan mayo available on request, gf wrap add 1</i>	10
<b>Chicken Caesar Wrap</b> grilled or blackened (substitute with salmon, add 2)	14
<b>Cos Cob Club</b> turkey or grilled chicken, applewood bacon, lettuce, tomato, avocado	12
<b>Pastrami Reuben</b> swiss, sauerkraut, thousand island dressing, grilled on rye	16
<b>Philly Cheesesteak</b> shaved sirloin, onion, mushroom, pepper, provolone	15
<b>Chicken Parmesan</b> with freshly made mozzarella, served on italian wedge	14
<b>Meatball Parmesan</b> with freshly made mozzarella, served Italian wedge	13
<b>*Sammy's Chicken Salad</b> lettuce, tomato, served on a wrap	12
<b>*Tuna Melt</b> tomato, provolone, open faced on english muffin	12
<b>*Lobster Roll</b> celery, light lemon mayonnaise	19
<i>*platter option: served on a bed of lettuce, avocado, egg, tomato</i>	

## Burgers *gf* bun alternative, add 1.50

6 oz. Petite Black Angus Burger	10
8 oz. Clubhouse Burger choice of Black Angus, Turkey, or Veggie add: american, cheddar or swiss	13 1
Guac Burger guacamole, jalapeno pepper jack cheese	15
Blue Bacon Burger maytag blue, gruyère, caramelized onions, bacon served with a small side salad or french fries, choice of english muffin or brioche bun; lettuce, tomato, onion, and pickle; available over greens or caesar instead of bread & fries.	15

## Kid's Meals

Chicken Wings	8
Cheese Quesadilla	8
Burger ( <i>gf</i> bun add 1.50) with french fries or fruit	10
Chicken Fingers with french fries or fruit	8
Hot Dog with french fries or fruit	6
Grilled Cheese with french fries or fruit	6
Mac-n-cheese	6
Petite Penne	6



Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.