



Pool Rules

- All members and guests **must check in before entering the pool area.**
- Each membership is entitled up to 2 guests per pool visit; fee is \$10/guest. GWC reserves the right to limit guests on weekends and holidays.
- Pool is open Monday - Friday from 5am to 8:00pm & Saturday/Sunday from 7:00am to 8:00pm.
 - **Adult only** lap swim is allowed everyday between opening and 10:00am.
 - No dependants or guests are allowed in pool before 10am.
- No food or gum in the pool area; all beverages in plastic containers, **no glass allowed on pool deck.**
- Lifeguards are on duty as posted – all other times are swim at own risk.
- Children under the age of 14 must be accompanied by a parent or coach and may not be left unattended in the pool area.
- Benefits for Marina members and children under the age of 14 do not include use of the 2nd floor in the training center.
- Members and guests may use the restrooms via the pool entrance only.
- All Members and guests are required to shower before entering the pool.
- No running, pushing, horseplay or inappropriate language.
- An adult must be in the pool within arms length of non-swimmers, or on the pool deck next to swimmers using floatation devices for assistance.
- Non-toilet trained children must wear either a swim diaper and plastic containment pants or an Amazing Swim Diaper while in the pool and pool area. Members will be responsible for any expenses incurred by the Greenwich Water Club as required by the State of Connecticut to correct any contamination as a result of non-compliance to this requirement.
- Bathing attire must be changed in proper areas.
- No large rafts, tubes or ball throwing.