



The 7th Annual NYPPEX Greenwich Invitational Sprints
Saturday, April 10, 2010 ~ Rain or Shine

We invite you to participate in the Seventh Annual NYPPEX Greenwich Invitational. The event will bring hundreds of rowers and spectators to Greenwich Harbor for a spirited day of sprint racing among regional rowing clubs. The event is open to the public, allowing residents and visitors to learn more about the sport, cheer on the junior crews who will be competing, and enjoy a day outdoors in the Harbor vicinity.

- **Host/Organizer:** GREENWICH CREW
- **Type of Event:** Rowing – Dual Sprints
Finals will be run between the two fastest heat times in varsity events. Other categories will be match races.
- **Regatta Course:** The 1,000 meter racecourse in Greenwich Harbor is perfect for spectator viewing. The start line is adjacent to the Hotel Delamar in Greenwich Harbor, and the finish line is just south of the Indian Harbor Yacht Club.
- **Spectators:** The best place to view the race will be from the footpath adjacent to Steamboat Road.
- **Athletes:** We will be providing a heated tent at the launch site for athletes for warm-up and stretching. **Athletes must wear (1) a ski hat/hood/baseball cap, (2) long sleeves, and (3) long spandex for the duration of time they are on the water. The dockmaster must check off these three items before allowing a crew to launch. Please remember this so you can race!**
- **Tentative Regatta Schedule:** All day Saturday, April 10:
 - 6:30 AM – 8:00 AM ... Team trailers arrive
 - 8:00 AM – 8:20 AM ... Coaches/Coxswains meeting
 - 9:00 AM – 3:00 PM* ... Races
 - 3:30 PM – 4:00 PM* ... Awards Ceremony

*Approximate times
- **Launching:** Greenwich Crew will secure rowing docks to the Grass Island Park North dock. Crews will walk their shells down the North Dock ramp, launch from the Greenwich Crew dock, and row to the starting line.
- **Download registration form from <http://www.greenwichwaterclub.com>**
- **ENTRY DEADLINE: Thursday, April 1st**
- **Contacts:**
 - Ashlee Branan, Director of Rowing
203.661.4033, e: abranan@greenwichwaterclub.com
 - Michael Wieneke, Regatta Coordinator
203.661.4033, e: mwieneke@greenwichwaterclub.com



GREENWICH INVITATIONAL

ATHLETE TENT AND TRAILER DIRECTIONS

Coming from North of Greenwich:

- Take I-95 to Exit 3
- Turn right onto Arch Street off of ramp
- Take immediate left onto Horseneck Lane
- Take first left onto Shore Road
- **Secondary Parking is lot on Shore Road (hundreds of spaces)**
- Go under I-95 Bridge
- Take first left into Grass Island Park
- **Primary Parking is lot to the right (only 25 spaces, so if you arrive after circa 8AM, please go straight to the Secondary Parking)**
- *Parking is NOT permitted alongside Grass Island Road*

Coming from South of Greenwich:

- Take I-95 to Exit 3
- Turn left onto Arch Street off of ramp
- Take immediate left onto Horseneck Lane
- Take first left onto Shore Road
- **Secondary Parking is lot on Shore Road (hundreds of spaces)**
- Go under I-95 Bridge
- Take first left into Grass Island Park
- **Primary Parking is lot to the right (only 25 spaces, so if you arrive after circa 8AM, please go straight to the Secondary Parking)**
- *Parking is NOT permitted alongside Grass Island Road*



Greenwich Invitational Waiver 2010

IN CONSIDERATION of being given the opportunity to participate in The Seventh Annual Greenwich Invitational, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, Greenwich Water Club, Greenwich Crew, Greenwich High School Crew, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____ Date: _____

Address: _____ Phone: _____

Signature (only if age 18 or over)

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Participant: _____ Date: _____

Address: _____ Phone: _____

Signature of Parent
